

Concrete Angel



Count: 32 **Wall:** 2 **Level:** Intermediate / High Intermediate NC
Choreographer: Dee Musk (Eng)
Music: 'Concrete Angel' – Martina McBride. Album: Hits and More [Approx 4 mins 13 secs]

16 Count Intro. Approx 24 secs. BPM 80

Re: Choreographing to 'Concrete Angel'. It may seem strange that I've written to a track about the distressing subject of child cruelty, but this is something I feel strongly against and passionate about.
Much Love Dee xx

Step Rock Recover, Back, Run Run, Back Rock, ¼ Turn L Behind, 1/2 Turn R, Step Behind With Sweep.

1,2& Step forward R, rock forward on L, recover weight to R.
 3,4& Step back on L, run back R, L.
 5,6 Rock back on R, recover weight to L.
 7& Make a ¼ turn L stepping R to R side, cross L behind R.
 8& Make a ¼ turn R stepping forward on R, make a ¼ turn R stepping L to L side.
 1 Cross R behind L whilst sweeping L from front to behind R. (3 o'clock).

Behind Side Cross, ¼ Turn L, Rock Recover, Run Run, ½ Turn L.

2&3 Step L behind R, step R to R side, cross L over R.
 4& Make a ¼ Turn L stepping back on R, make a ½ turn L stepping forward on L.
 5,6 Rock forward on R, recover weight to L.
 &7 Run back R, run back L.
 8& Make a ¼ turn L stepping back on R, make another ¼ turn L stepping forward on L. (12 o'clock).

****Restart walls 4 & 8 - Begin again.**

Cross Rock Recover Side, Cross Rock Recover Side, Cross, ¼ Turn R Side Cross, Full Turn Side.

1,2& Cross rock R over L, recover weight to L, step R to R side.
 3,4& Cross rock L over R, recover weight to R, step L to L side.
 5 Cross R over L.
 6&7 Make a ¼ turn R stepping back on L, step R to R side, cross L over R.
 8&1 Make a ¼ turn L stepping back on R, make a ½ turn L stepping forward on L, make a ¼ turn L stepping R to R side. (3 o'clock).

(Optional Chasse R counts 8&1).

Back Rock Side, Back Rock ¼ Turn R, Step Full Turn R, Back Together.

2&3 Rock L behind R, recover weight to R, step L to L side.
 4&5 Rock R behind L, recover weight to L, make a ¼ turn R stepping forward on R.
 6&7 Step forward on L, make a ½ turn R, weight forward on R make a ½ turn R stepping back on L.
 8& Step back on R, close L beside R. (6 o'clock).

***Tag - end of wall 1 - begin again facing 6 o'clock**

TAG: 8 Count Tag

Step, Step ½ Turn R, Step, Step ½ Turn L, Cross Rock Recover Side, Cross Rock Recover Side.

1 Step forward on R.
 2&3 Step forward on L, make a ½ turn R, step forward on L.
 4& Step forward on R, make a ½ turn L.
 5,6& Cross rock R over L, recover weight to L, step R to R side.
 7,8& Cross rock L over R, recover weight to R, step L to L side.

Restart 1 – During wall 4 begin again facing 6 o'clock.

Restart 2 – During wall 8 begin again facing 12 o'clock.

Contact: deemusk@btinternet.com - 07814 295470