

# My light



**Count:** 32      **Wall:** 4      **Level:** Advanced NC2S  
**Choreographer:** Guyton Mundy and 'Diddy' Dave Morgan. (Sept 2013)  
**Music:** 'Mmm' by Laura Izibor

**16 count intro, start on vocals.**

**[1-8] right nightclub basic 1/4, sweep 1/4, cross 1/4, 1/2, pivot full turn, back, back, 1/4.**

1, 2& Step right foot to right side, step left foot together, cross right foot over left.  
 3 Make a 1/4 turn left stepping forward left. (9 o'clock)  
 4 Make a further 1/4 turn left sweeping right foot around. (6 o'clock)

**(Dance 3-4 as one smooth movement)**

&5 Cross right foot over left, make a 1/4 turn right stepping back on left,  
 & Make a 1/2 turn right stepping forward right. (3 o'clock)  
 6&7 Step forward left pivot 1/2 turn, continue turning a further 1/2 turn right stepping back left. (3 o'clock)  
 &8& Step back on right, step back on left, make a 1/4 turn right stepping right to right side. (6 o'clock)

**[9-17] left cross rock side, cross unwind full turn, side, sway, sway, sway, right back rock, step forward.**

1&2 Cross rock left over right, recover weight on to right, step left foot to left side.  
 3-4 Cross right foot over left, unwind a full turn over left (weight stays on left foot )  
 5 Step right to right side. (6 o'clock)  
 6&7 Sway left, sway right, sway left.  
 8&1 Rock right behind left, recover weight forward on to left, [\*Restart on wall 2] step forward on right foot to right diagonal. (7.30)

**[18-24] sweep 1/2, press, back 1/2, lift, back rock, recover, 1/2, side, cross.**

2 Sweep left foot around making a 1/2 turn right. (1.30)  
 3 Press weight on left to the diagonal (1.30)

**(styling, lean forward and slightly down in to the press as you extend left arm forward and slightly down and right arm back and slightly up)**

4& Step back on to right, make a 1/2 turn left stepping on to left foot. (7.30)  
 5 Raise up on to ball of left foot as you lift and extend the right leg forward pointing right toes.  
 6-7 Rock back on right foot, step forward on left foot. (7.30)  
 &8& Make a half turn left stepping back on to the ball of the right foot, step left foot together, Cross right foot over left (level up to 12 o'clock)

**(&8& is almost a small fluid jump in to the turn)**

**[25-32] left nightclub basic 1/4, pivot 3/4, step side, behind, side, step forward, forward rock, recover, 1/2, 1/4**

1, 2&3 Step left foot to left side, step right foot together, cross left foot over right, Make a 1/4 turn right stepping forward right. (3 o'clock)  
 4&5 Step forward on left foot, pivot 3/4 turn over right, step left foot to left side 12 o'clock)  
 6&7 Step right foot behind left, step left foot to left side, step forward on right foot.  
 &8& Rock forward on left foot, recover weight on to right foot, make a half turn stepping forward on to left foot. Make a 1/4 turn left as you Restart to dance at 3 o'clock.

**\*Restart the dance on wall 2 after 16 counts, you will be facing 9 o'clock.**

6&7-8& sway, sway, sway, behind rock, recover.....Restart.

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